

Chin Implants: FAQs

Chin Implant

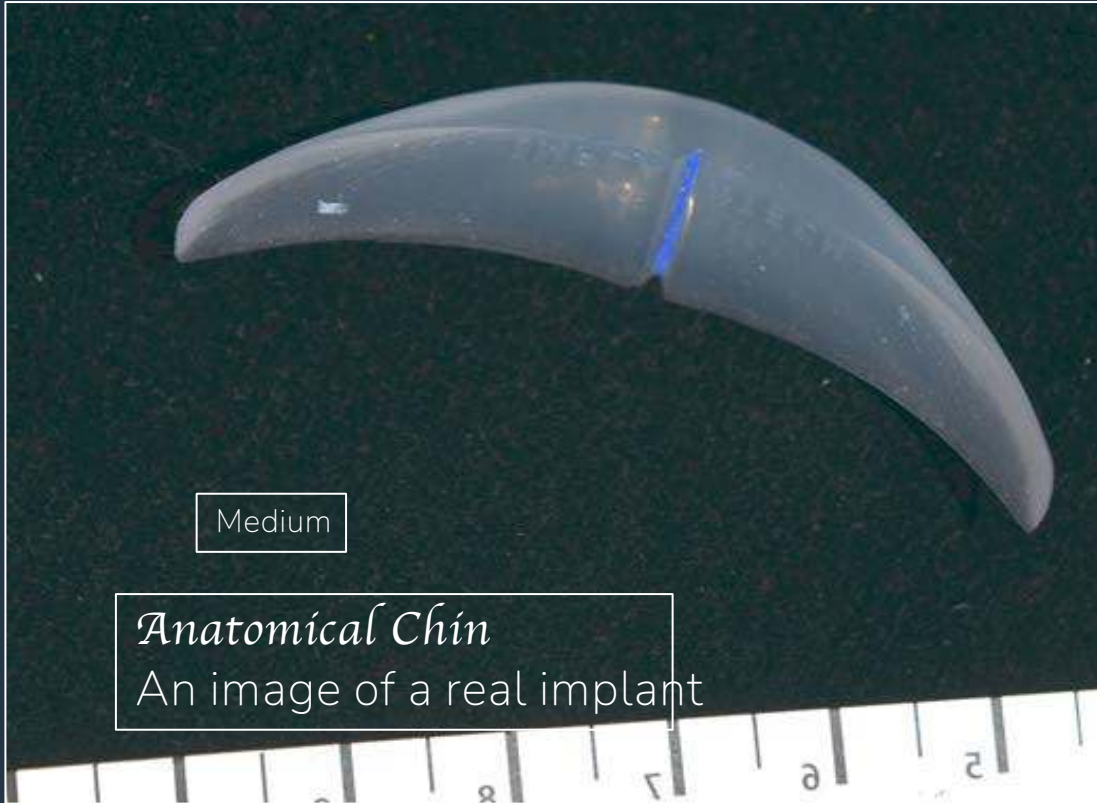
A chin implant is a surgical procedure to enhance a small or recessed chin. Most people get chin implants for cosmetic reasons, such as improving the definition in their lower face. Some people get chin implants to reconstruct the chin after surgery or trauma.

What is a chin implant?

A chin implant can help enhance a small or receding chin and add definition and contour to your lower face, profile and jawline. Most people get chin implants for cosmetic reasons. Other names for chin implant surgery are chin augmentation (enlargement) or chin enhancement.

Do chin implants come in different materials and sizes?

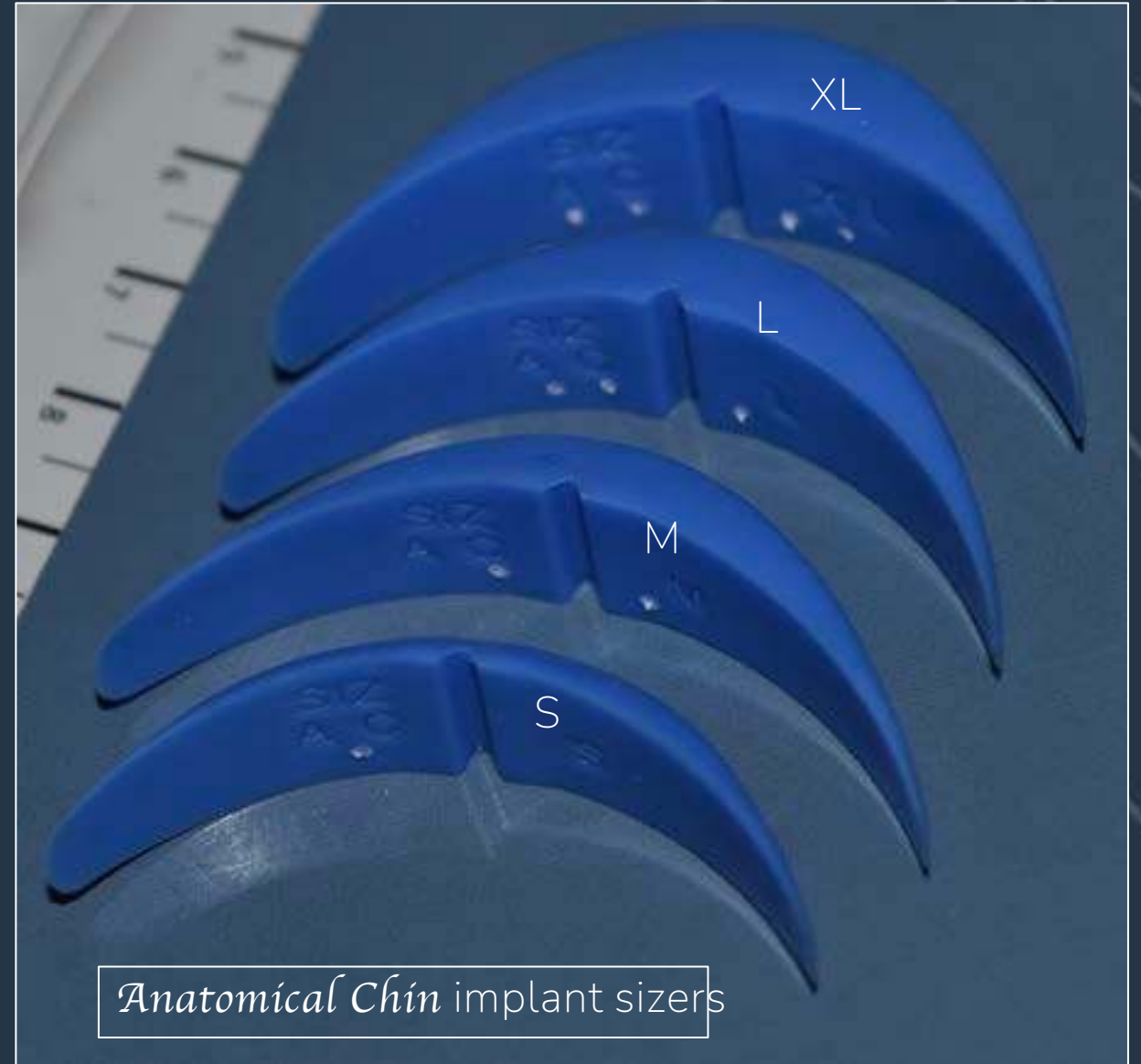
Chin implants are usually made out of silicone, a flexible, artificial substance. Sometimes, implants are made from bone, but these are not as common. Implants come in different shapes, sizes and styles. Your surgeon selects the best type for your needs and aesthetic goals.



Medium

Anatomical Chin

An image of a real implant



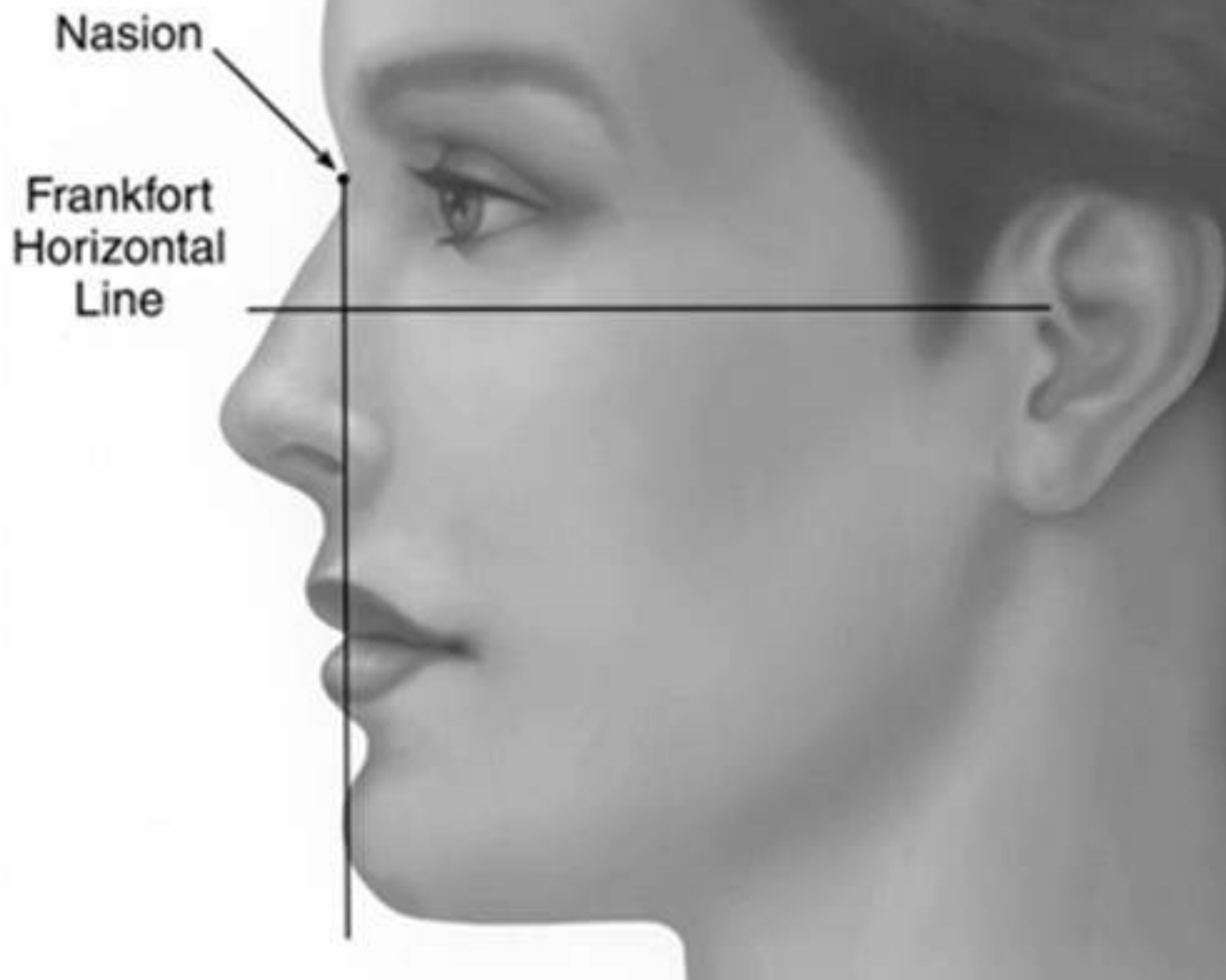
Anatomical Chin implant sizes

Who gets chin implants?

Anyone concerned about a small or recessed chin may consider chin implants. A recessed chin is when your chin does not stick out far enough from your face. From the side, your chin is not in proportion with the lines of your forehead, nose and other features.

A chin implant might be part of or in addition to other surgeries, such as nose reshaping and face-neck lift

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The Ideal Chin Profile

The ideal candidate for chin implant surgery is someone who doesn't have a major jaw disorder, has reached full skeletal maturity (bone growth is complete; late adolescence) and has realistic expectations about the results of chin implant surgery.

Chin implant vs. filler What is the difference?

A chin implant isn't the only way to add definition to your chin and jawline

Chin filler, usually hyaluronic acid, can be placed by injection in front of the chin bone and at the sides. It adds volume to enhance the look of a small chin or to smooth wrinkles around your chin and jawline. Fillers fade over time.

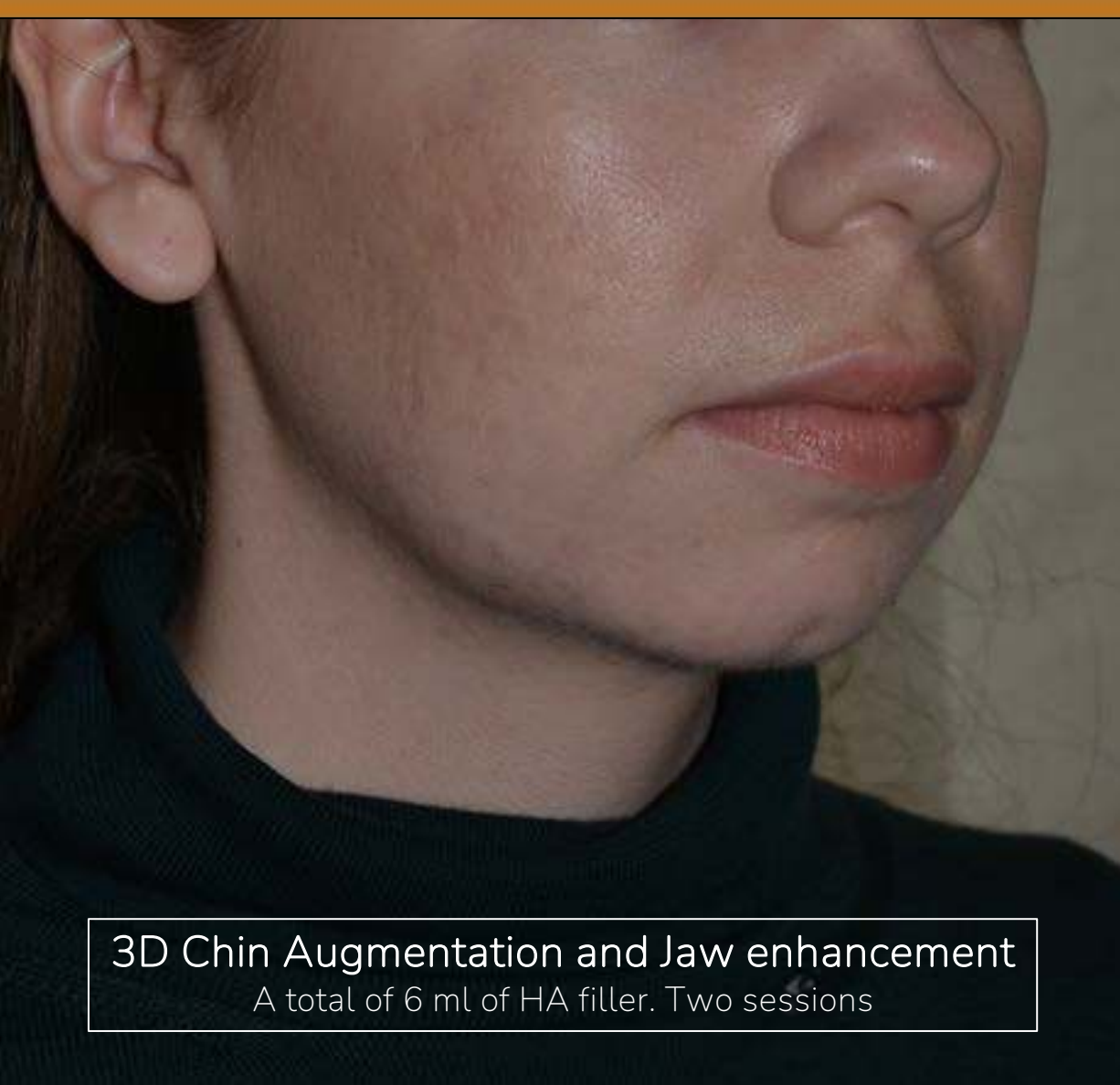


3D Chin Augmentation and Jaw enhancement
A total of 6 ml of HA filler. Two sessions



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Chin implant vs. fat grafting: What's the difference?

Chin fat grafting: Fat can be removed from the belly or outer thighs by liposuction and, after preparation, can be injected into the chin. There is some unpredictability in the take of the graft.

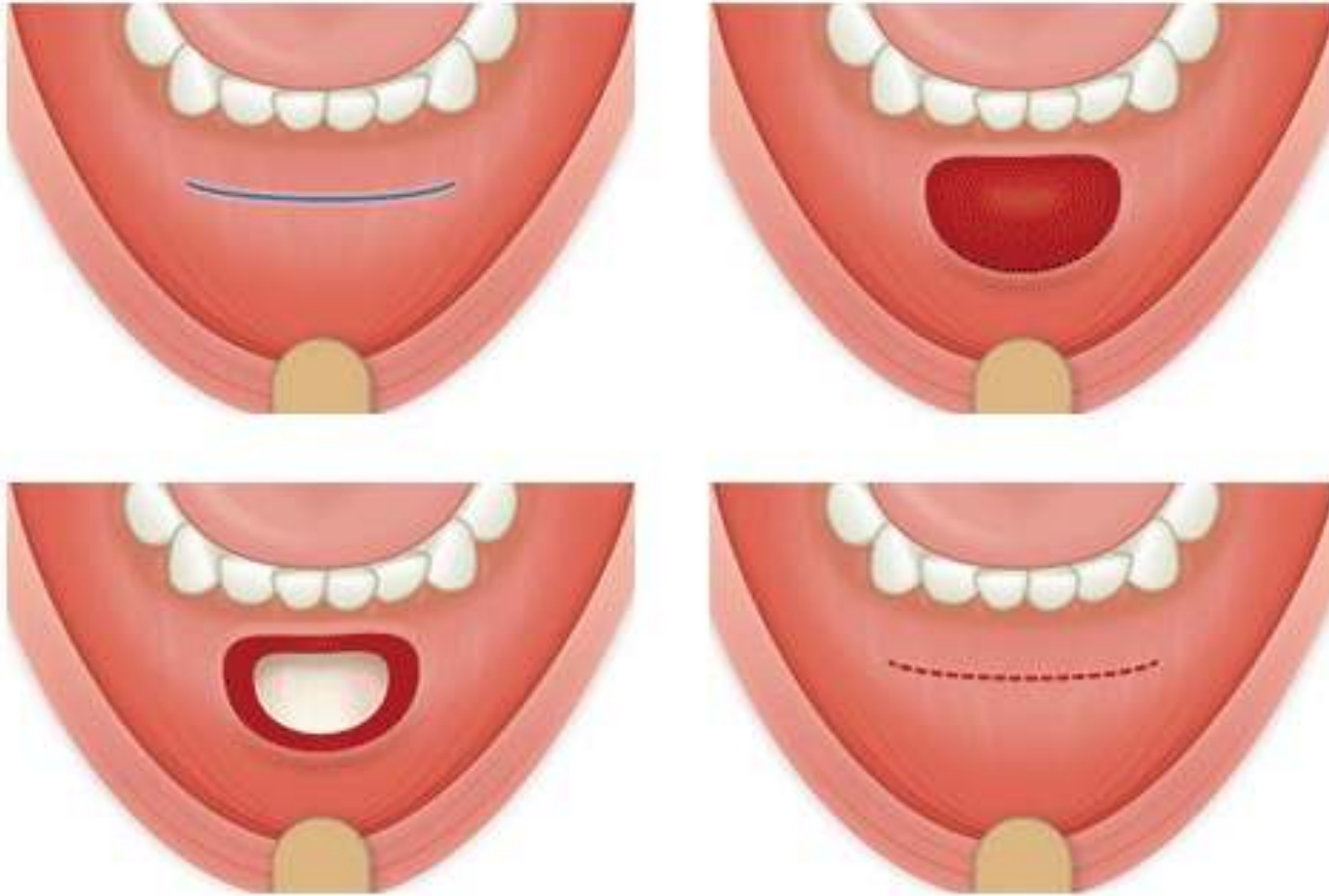
How can I prepare for chin implant surgery?

See the PDF on Preparing for your facial surgery

What happens during chin implant surgery?

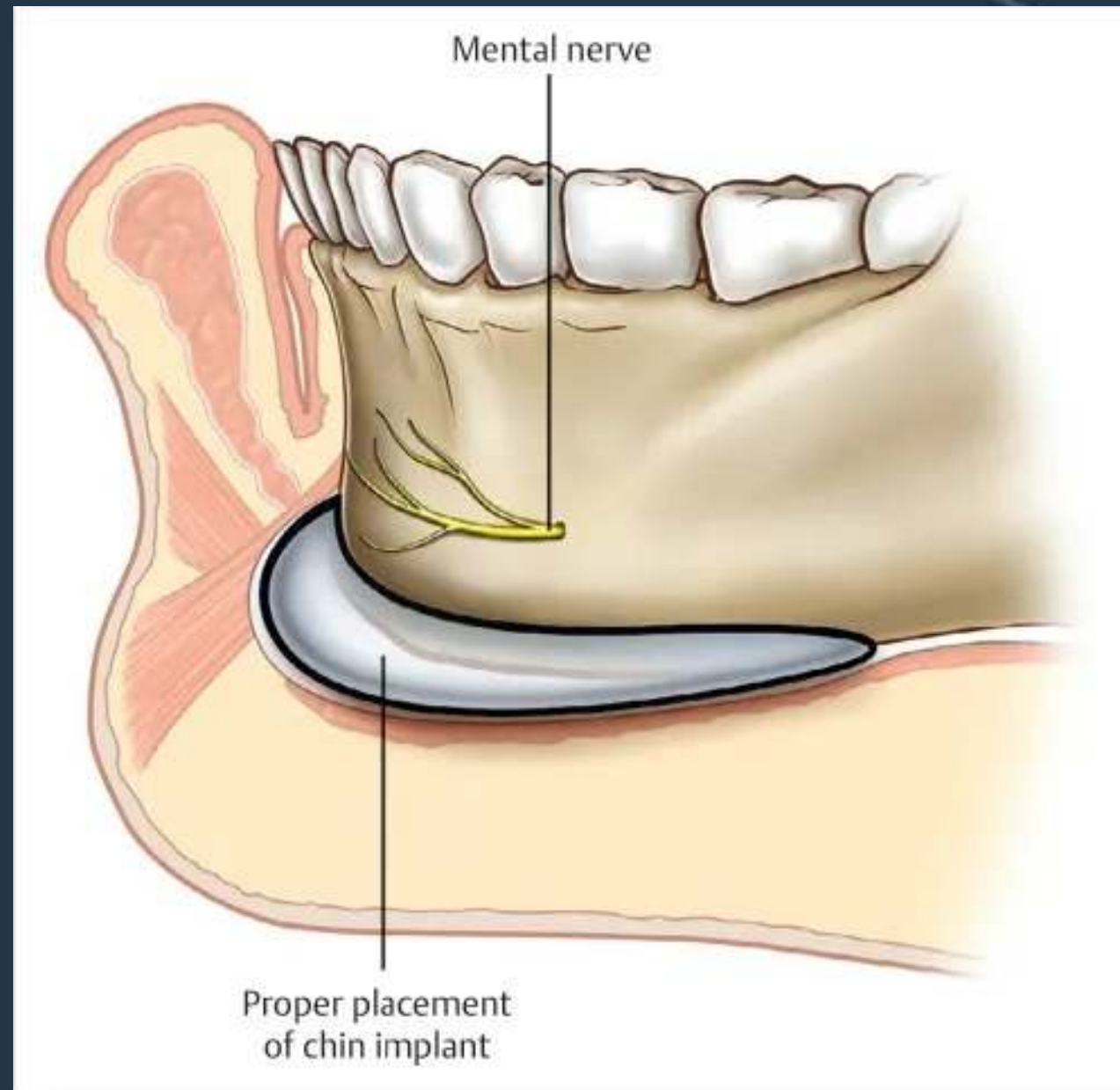
Chin implant surgery can be carried out under general or local anaesthesia and sedation. An incision is made on the inside of lower lip, just above the crease. In some cases, the incision may be under the chin.

Chin implant (intraoral technique)



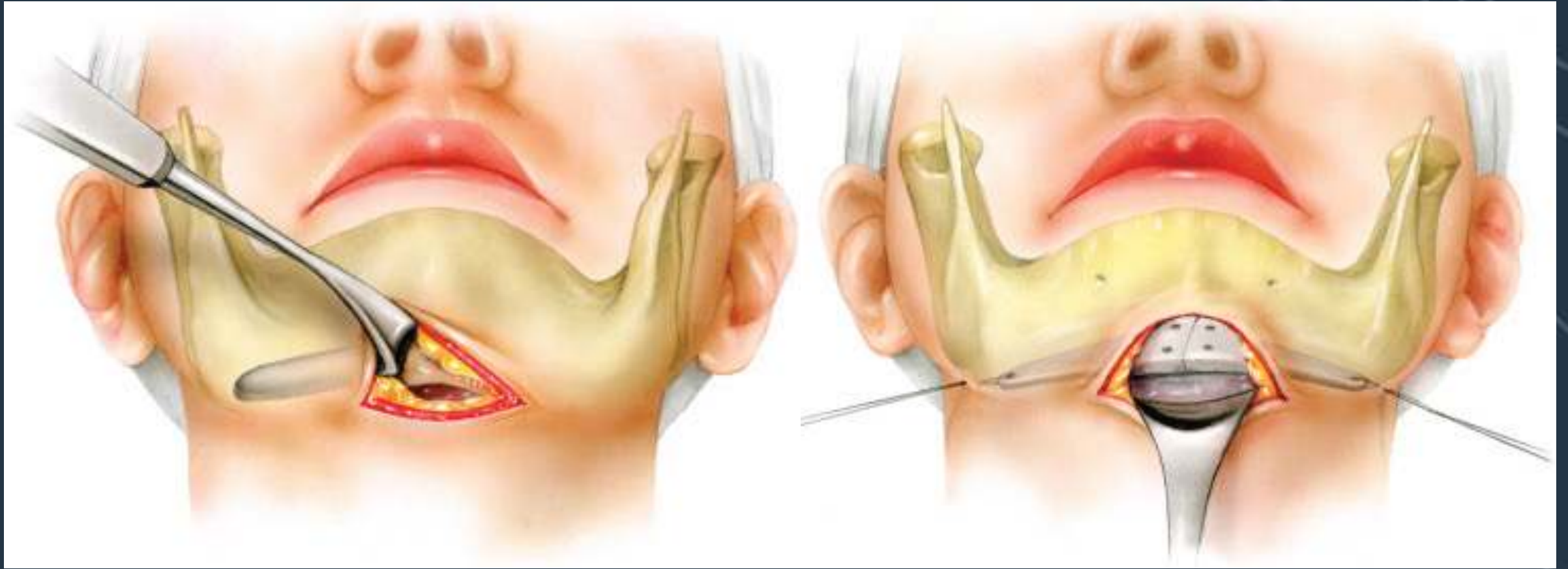
What happens during chin implant surgery?

Specialised instruments are used to create a precise pocket between the chin bone and the overlying soft tissues. A silicone implant is then carefully inserted to ensure a secure, snug fit. The incision is closed using dissolvable sutures.



Plastic Surgery Key

Chin implants can also be inserted via an incision beneath the chin (submental approach). However, this technique carries a higher risk of implant displacement, which is why surgeons may choose to secure the implant with screws. The intraoral procedure provides outstanding cosmetic results without the need for screw fixation or an external scar.

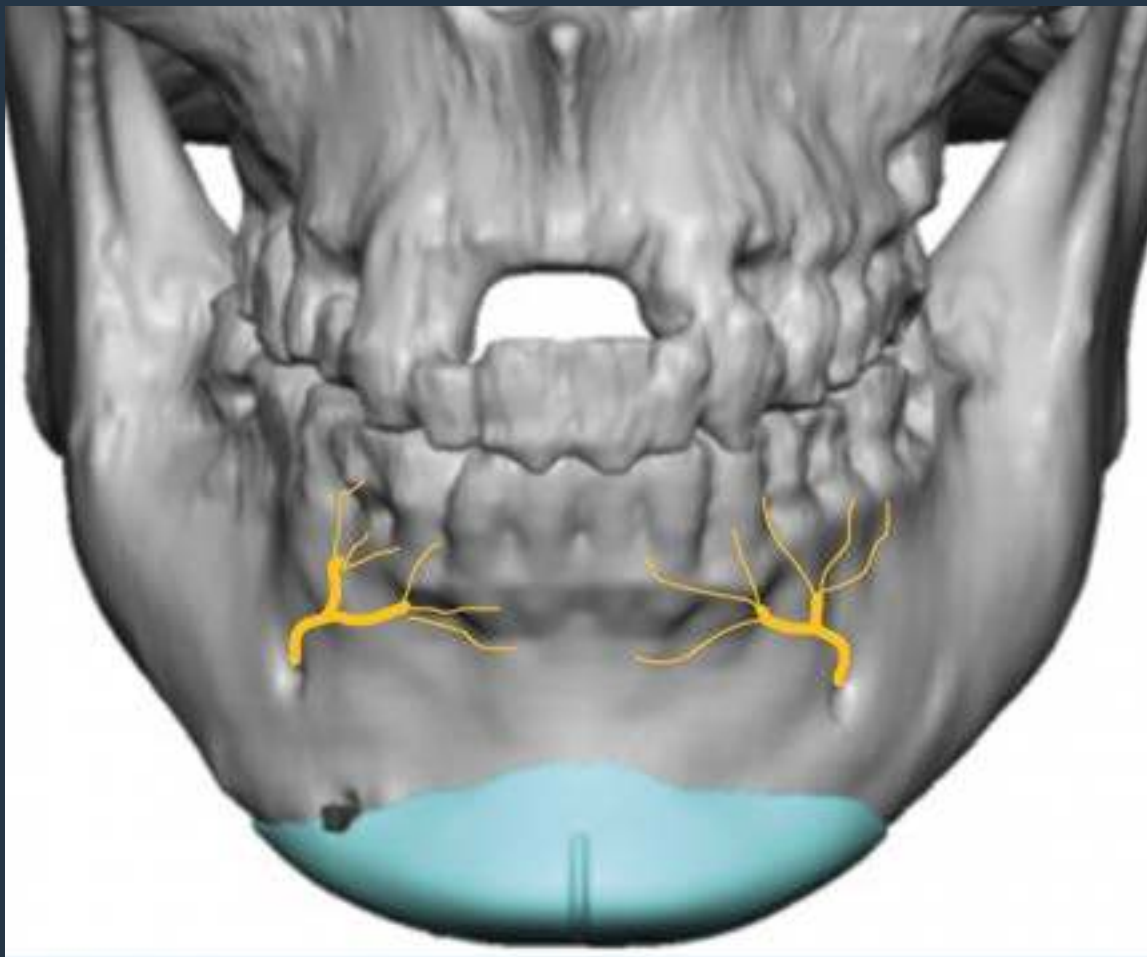


Submental (under the chin) technique for chin implant insertion

Is there a risk of nerve damage?

Extra care is taken to protect the two **Mental nerves**. These nerves provide feeling to your lower lip, the front of your chin, and a portion of your gums. Temporary sensory alterations following surgery are not uncommon.

Permanent change is exceptional.



Proper placement of chin implant
Avoiding pressure on the nerves and the roots of teeth

What can I expect after a chin implant?

You should take it easy for about a week or two after your chin implant. You might notice swelling and bruising. Pain is typically managed with Paracetamol and Ibuprofen. In addition to medication, it is recommended to elevate your head when sleeping to reduce swelling and discomfort. The discomfort and pain should begin to significantly decrease after 72 hours.

What can I expect after a chin implant?

For brushing the teeth, use a soft brush. Rinsing your mouth with salt water or a prescription dental rinse such as Corsodyl before and after meals can also help keep the incision clean and reduce pain.

Avoiding strenuous activities

You need to drink fluids through a straw and eat only soft foods until it becomes more comfortable. You need to avoid spicy foods due to the irritation they can cause.

Infection Signs: Look out for increased pain, swelling, redness, discharge from the incision site, and fever. These could be signs of infection.

Clinical Examples



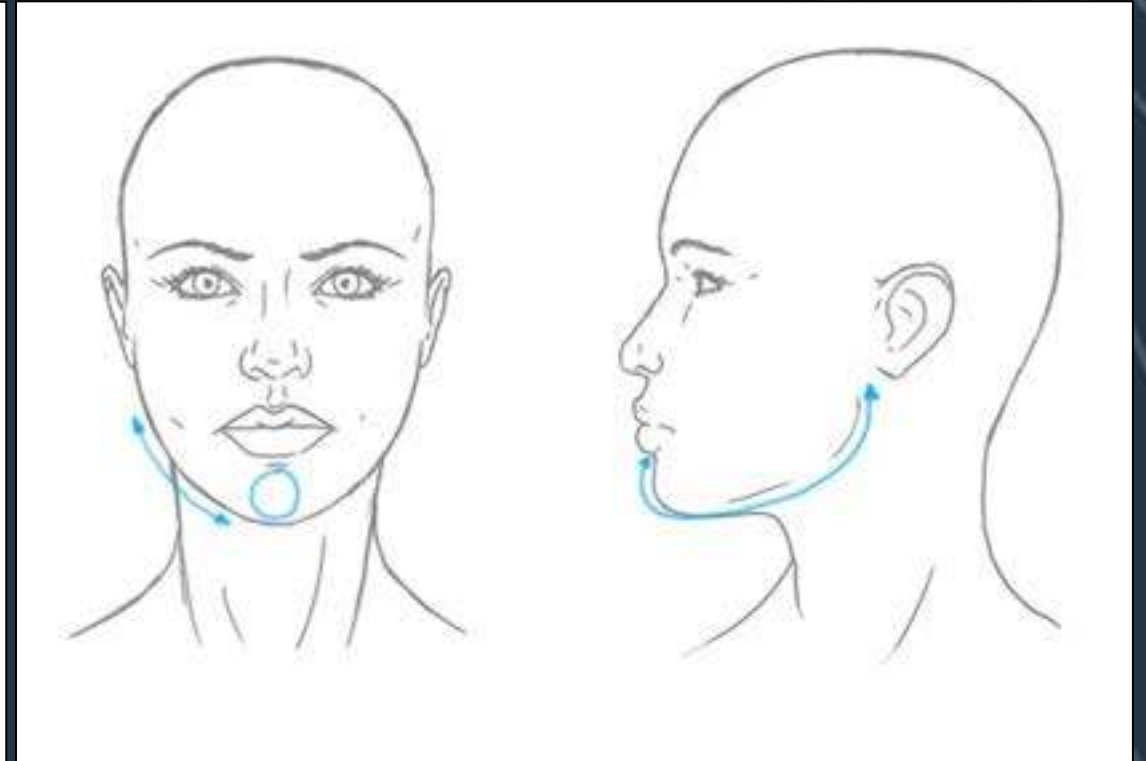
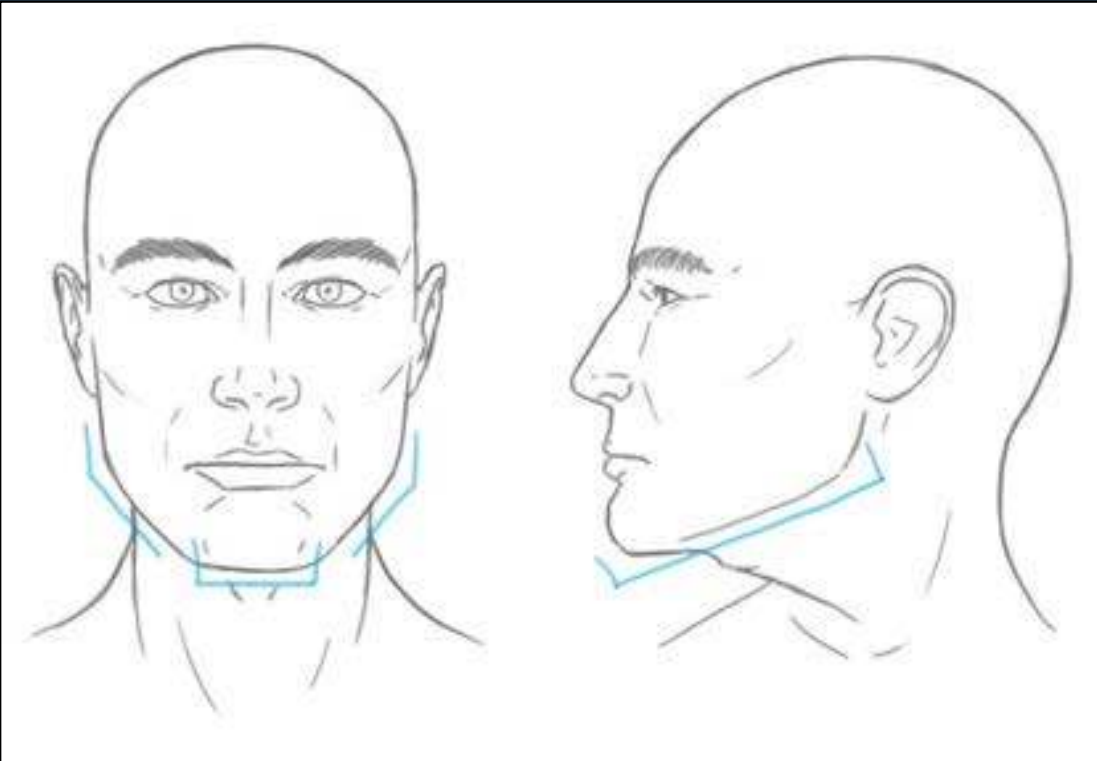








Keep in mind that each patient is
unique and your results may vary



Male and Female Differences in the Chin and Jaw

The chin and the jaw go hand on hand. A masculine face has a very strong jawline and square chin, whereas in a face that appears more feminine the chin and the jawline display soft curves and rounded edges









What are the risks of a chin implant?

Like all surgeries, a chin implant does carry some risks, including:

Bleeding.

Bruising.

Burning or prickling sensation.

Erosion or resorption of your chin bone.

Implant rejection. Infection.

Sensory alterations- Nerve injury.

Under or over correction

Asymmetries

Shifted or misaligned implant.

Risk of scarring-disfigurement following removal

Minor complications include postoperative swelling, haematoma, and temporary lip sensory Alterations. These usually resolve with minimal interventions.

The risk of infection is minimised by the administration of a single shot of intravenous antibiotics prior to starting the procedure and by soaking the implant with an antiseptic solution prior to insertion

Disclaimer

Individual Results May Vary: The before and after photographs displayed are of actual patients who have undergone cosmetic procedures performed under our care. These images are provided for educational purposes only and to illustrate potential results. Individual results will vary based on factors including but not limited to patient anatomy, skin type, age, health status, healing capacity, adherence to post-operative instructions, and realistic expectations.

No Guarantee of Results: The photographs do not constitute a guarantee, warranty, or prediction of your individual results. Your results may be better, the same, or worse than those shown. No cosmetic procedure can guarantee perfect results or complete satisfaction.

Consultation Required: These images should not be used as the sole basis for deciding to undergo a cosmetic procedure. A thorough consultation with a plastic surgeon is essential to determine if you are a suitable candidate and to discuss realistic expectations for your specific case.