

Direct Lateral Brow Lift – FAQs The Waterfront Private Hospital, Edinburgh

1. What is a Direct Lateral Brow Lift?

A direct lateral brow lift is a precise surgical procedure designed to elevate the outer portion of the eyebrows. It corrects lateral brow droop and softens heaviness over the outer eyes, creating a refreshed and youthful appearance.

2. Where is the procedure performed?

All procedures are carried out at The Waterfront Private Hospital in Edinburgh, a discreet, modern day care surgical facility dedicated to aesthetic excellence and patient comfort.

3. What does the surgery involve?

Under local anaesthesia with or without oral sedation, a small sliver of skin and underlying tissue is removed just above the outer half of the brow. The brow is then gently lifted and secured, restoring its natural, elegant contour. The scar is placed along the hairline for discretion.



A design for a Direct Lateral Brow Lift

4. Who is a suitable candidate?

This procedure is ideal for:

Patients experiencing droop or flattening of the outer brow.

Those concerned by hooding over the outer eyelids.

Patients seeking a subtle, elegant lift without a full brow/forehead lift.

Healthy non-smokers with realistic expectations.



5. What are the benefits of this procedure?

Precise correction of outer brow descent.

Minimally invasive with local anaesthesia.

Short recovery, often with return to social activities within a week.

Can enhance results of upper eyelid surgery or Botox.

6. Are there risks involved?

As with any surgical procedure, potential risks include:

Asymmetry.

Scar (typically discreet and well-healed).

Rarely, delayed wound healing or hair loss near the scar

All precautions are taken at our facility to minimise these risks and support an optimal outcome.

7. What can I expect after surgery?

Discharge the same day from our day surgery suite

Minimal downtime; most patients resume light activity within 3–5 days

Sutures typically removed at 5–7 days

Swelling and bruising subside within 1–2 weeks

Our team provides full aftercare, including scar support and recovery advice.



Appearance 6 days after surgery. Bruising is exceptional after Direct Lateral Brow Lift

8. Will I have a visible scar?

A fine scar is unavoidable, but we take care to place it in a natural crease or at the hairline. Over time, the scar softens and fades. Scar refinement treatments are available if needed.



Direct Lateral Brow Lift . Before and 6 months after

9. Can this procedure be combined with others?

Yes. Many patients choose to combine their brow lift with:

Upper eyelid surgery (blepharoplasty)

Non-surgical rejuvenation (Botox, fillers)

Skin treatments for overall facial harmony

We'll advise you during your consultation on the best combination to meet your goals.

10. How long do the results last?

Most patients enjoy long-lasting results — often 5 to 10 years or more. While ageing continues, the brow generally maintains a more open, lifted contour following the procedure.